



अंतर्चेतना

Antarchetana - The awakening

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Dr Verghese Kurien



The Future is yet in your power...

The ability to get motivated to study can have a very positive effect on a student's study levels and grades. A motivated student will find it easier to go an extra mile and do all the necessary tasks that need to be done to assure success. The right motivation will allow students to study a lot more focused and with more concentration. As this academic year is going to end, students have to appear for their forthcoming exams whether it is Board, school or competitive, they feel a lack of motivation or face procrastination during their studies. The following will show them what they can do to get motivated for studying. We hope the below-mentioned motivation techniques help them to understand how to get motivated to study!

I. The motivational power of having a goal!

A very powerful motivational technique students can apply is to set themselves well-thought-out goals and objectives. These aims could be either **short-term goals** (e.g. about an upcoming exam) or **long-term goals** (e.g. about the achievements you want to reach during your studies). Objectives and aims keep you focused and enable you to "do whatever it takes" to accomplish your goals. A very positive side-effect of an excellent goal is that it will drastically increase your perseverance.

II. True interest!

Another very effective motivational element that helps you to get motivated to study is your interest in the subject. True interest! If you are able to develop a true interest in what you are studying it will help you in becoming very motivated

Believe you can and you are half way there

All the Best for your forthcoming exams

III. One step at a time – avoid prolonging

It means that you keep going one step at a time, which allows you to grasp subsequent contents and to stay ahead with your tasks. If it takes you 10 minutes each day to organize and revise the contents you learned in the present day, that's fine!

IV. Just do it and start studying

"Boost" yourself to get started with studying, no matter if you feel tired or if the teaching material isn't interesting at all. You might have to force yourself, but it is worth it. "It doesn't matter where you go, as long as you get going." Why am I recommending "to just do it", whenever you lack the motivation to study? That's simple.

V. How bad do you want to succeed?

Get to the bottom of this question and find out what you can do to make you want to succeed in school, college or university. Focus on the higher purpose of your education, i.e. getting enrolled in your favorite college/university, earning a door-opening degree or being recruited by that top employer you ever dreamed of.

VI. Gratification: Reward yourself

By rewarding yourself, whenever a goal is achieved, your brain elicits positive emotions, leading to the realization that an effort results in a positive reward. Furthermore, you will – consciously or subconsciously – recognize that a high effort will result in an even more positive gratification.

Editorial

PRE SCHOOL

GANDHI JAYANTI CELEBRATION



Gandhi Jayanti was celebrated on 1st October, 2018 by the Preschool Section. The purpose was to inculcate sense of ownership for the surroundings, and cleanliness around the school and working in a team. Children became familiar with freedom fighters and gained information about Mahatma Gandhi and Lal Bahadur Shastri through speech, stories and songs. They developed a sense of 'dignity of labour' by participating in cleanliness drive.

DIWALI CELEBRATION, Dt. 2-11-2018



The festival of lights Diwali was celebrated with an eco-friendly approach. Children were oriented about the significance of Diwali celebration through multiple AV shows (i.e. the story of Diwali). Over a period of 2 weeks, through conversation on the harm caused by crackers; the students internalised the value of celebrating a crackers-free Diwali. They painted diyas, created rangolis, made lanterns, moulded clay into beautiful Diwali diyas. Children shared the delicacies and sweets they had brought from home. They left for the holidays after wishing each other 'Happy Diwali!!'

GRANDPARENTS' DAY, 15-12-2018



Preschool section celebrated Grandparents Day to make children understand that elderly wisdom and the presence of Grandparents is a blessing. The fables, tales and unending beauty of songs and lullaby sung by the Grandparents are the heritage of our culture. Principal Shri. N. K. Sinha was the chief guest for the event which commenced with children presenting a prayer song. This was followed by a mesmerizing cultural show. Principal sir addressed the gathering and inspired the grandparents to become torch bearers in their families. Children and grandparents also shared their feelings for each other. Grandparents enjoyed playing a variety of games planned by the teachers. They were happy to be guided around the school and admired their wards' work displayed in the classrooms. Grandparents were served lunch and were given a small gift as a token of love.

CHRISTMAS CELEBRATION, 24-12-2018



The entire Preschool section assembled at the open air stage and celebrations began at 10.00 a.m. All the children sang the prayer and Christmas songs. They enjoyed dancing with the Santa.

The Sr.Kg. children spoke a few lines on the significance of the festival. The Jr. Kg. children gave a scintillating dance performance. After that students sat together and shared sweets they had brought from home.



Through this celebration children gained awareness about Jesus Christ's love and sacrifice for mankind, built up social-emotional bonding, learnt to express feelings and ideas through speech, conversation, rhythm and movement.

PRIMARY AND SECONDARY SCHOOL

'PRABHAT PHERI'



The 149th birth anniversary of Mahatma Gandhi was celebrated with great spirit and enthusiasm here at Anandalaya on 2nd October 2018. The celebration began with a five km 'Prabhat Pheri' commencing at 6:50 am from the school up to Gandhi Statue, Anand. The procession was led by Principal, followed by Chief Coordinator, teachers, parents and students. The aim of this celebration was to give the students exposure to community activities. Bhajans were sung on the way. This was followed by yoga and pranayama and a cultural show (drama, dance and singing) depicting Mahatma Gandhi's life, on the theme 'From Mohan to Mahatma'.

GREETING CARD MAKING



Utkarsh House organised an open Greeting Card Making Competition for classes I and II on 7th October 2018, as a group activity. In this competition, children made varieties of greeting cards using materials easily available in their homes. Children enjoyed making greeting cards using paper, colours, glitter etc. The winners for class I were- First position - Master Ayan Vohra (IB) of Harsh House, Second position - Master Ayan Parmar (IB) of Umang House, the third position shared by Master Dirgh (IA) of Umang House and Miss Anushree (IA) of Utkarsh House.

The winners for class II were - First position - Miss Pal (IIA) of Utkarsh House, Second position - Miss Maahi Desai (IIA) of Umang House, Third position - Miss Anushka Sharma (IIB) of Harsh House.

GARBA

Keeping up with the spirit of revelry during Navratri, the school organised garba from 9th October to 11th October 2018 for classes KG to XII (in batches) from 8:00 to 9:00 am on the NDDB ground. Students, dressed in colourful garba attire, accompanied by teachers, let their hair down and danced to the tunes of traditional and modern garba songs with gaiety. Puja and Aarti was performed by the Principal, teachers and students.



NO HUNGER CAMPAIGN



Members of Green Brigade two teachers and four students went for distribution of food packets as part of 'No Hunger Campaign' on 13th October 2018. Children participated enthusiastically in the programme. They displayed their concern for the poor and the needy by participating enthusiastically in this programme.



Green Brigadiers and other volunteers of the school made paper bags of various sizes. Teachers and students of Green Brigade distributed paper bags in various shops in and around Anandalaya, and 'Sach Hospital' and grocery shops in Anand.

MIME COMPETITION - CLASSES IX, X

Ullas House organised an open Mime Competition for classes IX and X on 13th October 2018. The theme for class IX was 'Corruption' and that for class X was 'Save trees'. A total of ten students participated with compelling stories and invigorating performances. Results - First position-Master Saahil Dholakia (IX B), Second position-Master Manav Gabra (IX B) and Third position-Miss Isha Bhattacharjee (X A).

IHA- BOOK COVER / JACKET DESIGNING



An artistic and inventive activity Book Cover / Jacket Designing Competition (individual open) for classes VII and VIII was organised by Umang House on 20th October 2018. The objective of the activity was to teach students to value the creative thinking required for designing a theme-based book cover jacket and to develop their aesthetic skill. The theme for class VII was 'Environmental Science of Class II' and 'English Fiction' for class VIII.

The result for class VIII was - First position-Master Shivam Patel(VIIIA) of Harsh House, Second position-Miss Diya Sharma (VIIIA) of Umang House, Third position-Miss Chitra G. and Miss Charmy (VIIIA) from Umang and Utkarsh Houses respectively.

For class VII, the result was - First position-Miss Harshini (VIIA) of Umang House, Second position-Miss Puneeta Lodha (VIIA) from Ullas House and Third position -Miss Vedanti and Miss Asavee Shah (VIIA) of Umang House.

FOOD STALL MANAGEMENT



On 27th October, 2018 Parent-Class Teacher Meeting (PCTM) a food stalls were organized by the students of classes XI. The objectives of students organizing and managing the food stalls were learning values like learning practical skills involved in managing food stalls, maintaining accounts, managing finances, marketing products etc., empathy and dignity of labour, donating the money earned through the food stall for various social initiatives like Green Brigade and Anand Vihar. The students were able to earn profit of Rs. 17,765 during PCTM 1 and Rs. 1,637 from PCTM2.

PROBSOL WORKSHOP



(One day workshop) PROBSOL was organised by Gujarat Nature Conservation Society on 28th October 2018 at Nature Education Park, Sindhrot, Vadodara. One hundred and seventeen students registered for the workshop the objective of which was to help students analyse problems and attempt to solve them scientifically, in the process helping them to develop a scientific temper. The students were grouped into different levels namely classes V to VII, classes VIII to X and class XI upto college. The topics discussed during the workshop were soil, water, weather, energy and astronomy. Every participant was given a problem which they had to solve by creating a working model or instrument from the given limited resources. They had to prepare a write up explaining the model and the principle it was based on. The three most successful efforts from each group were felicitated with an appreciation certificate and a trophy. The programme officials appreciated the efforts made by our school students and nine of them were felicitated for their creative attempts. A separate session on “Educational Efforts for Scientific Living amongst students” was arranged for the teachers accompanying the students.

INTER SCHOOL COMPETITION

Bhartiya Vidya Bhavan's School, Nadiad

Bhartiya Vidya Bhavan's School, Nadiad organized four inter-school competitions on 30th October 2018. Ten students from classes VIII to XII participated in Scientific Bhoor Bhulaiya, Heritage Quiz, Advertisement Quiz and Business Idea Presentation.



The competitions aimed to enable students to acquire theoretical as well as practical knowledge regarding science, cultural heritage of India, Indian advertisements as well as innovative business ideas. Master Rahul Chaudhary of class VIII B and Master Hrishikesh Desai of class VIII A secured Runners up positions in Scientific Bhoor Bhulaiya.

SARDAR PATEL JAYANTI



As India observed National Unity Day on October 31, 2018 to commemorate the 143rd birth anniversary of Sardar Vallabhbhai Patel, the school too celebrated the Bismarck of India's birth anniversary through a photo exhibition on his life and works. Students from classes V-X prepared charts in groups under the guidance of teachers. The objectives of the activity were to create the feeling of oneness among the students, highlight Sardar's crucial role in India's history and at the same time educate the new generation about his great contribution. Posters, charts, pictures were exhibited. A video depicting Sardar's life was shown to students in the AV Room.

Interactive Session on Cyber Security



An hour-long interactive session on Cyber Security was organised for students of classes IX and X. Mr. Sarvesh Trivedi, Assistant Professor, SEMCOM College, expounded on contemporary cyber security topics like password protection, smart phone usage, phishing attacks and how to protect oneself from them, online shopping, safe transactions and a low down on hacking. He gave several practical tips on how to setup a password, OTP use and misuse, safety measures to be taken while surfing or shopping online. This session proved extremely useful as students are increasingly becoming tech-savvy.

'SWACHHTA ABHIYAN' NCC Girl Cadets



Anandalaya Girls cadets from 4th Gujarat Girls battalion took part in Swachhta Abhiyan at school premises on 2nd November 2018. A total of 60 cadets of the first and second years participated in this drive and cleaned the campus, keeping in line with the tenets of NCC.

VIGILANCE AWARENESS WEEK



As part of Vigilance Awareness Week celebration, 351 students participated in drawing and essay writing competitions organised by Oriental Bank of Commerce on 3rd November 2018. The drawing and painting competition held for classes V and X was based on the theme 'Duties of a Student'.

Result- Master Shreejit Pawar (Class VI), Ms. Dhruvi Patel (Class VI) and Ms. Jannat Dudeja (Class V) won first, second and third prizes respectively.

Essay Writing Competition - The topic for this competition was 'Eradicate Corruption – Build New India'. In Group I (classes VII and VIII) Master Rushil D. Patel (class VII), Master Vihaan Vyas (class VII) and Ms. Aastha Shah (class VIII) secured first, second and third positions respectively. In Group II (classes IX and X) Master Shivanshu Singh (class X), Master Daksh Dadhania (class X) and Ms. Anushka Gupta (class IX) stood first, second and third respectively.

COLLAGE COMPETITION ON FESTIVALS



Under Inter House Activities, Harsh House organised a group open Collage Making Competition for students of classes III to VI on 3rd November 2018. The theme for the event for classes III-IV was 'Navratri' and that for classes V-VI was 'Diwali'. The activity aimed to enable students to know about our festivals and culture, to develop aesthetic skills to prepare a collage and inculcate qualities of team spirit and leadership.

Result- Category I-

First position- Miss Dhvani (IVA), Miss Anaya (IVA), Miss Antra (IIIB), Master Rushil (IIIA) and Miss Freya (IIIA) from Utkarsh House.

Second position- Master Hridhaan (IVA), Master Devarsh(IVB), Miss Sonal (IVB), Master Shunham (IVB), Master Moksh (IIIA), Miss Vaishnavi (IIIB) from Utkarsh House.

Third position- Miss Abhiksha (IIIB), Miss Anushree (IIIB), Miss Khwahish (IVA), Master Ashish (IVA), Master Jayvir (IVA) from Ullas House.

Result - Category II-

First position- Miss Dhruvi (VA), Miss Dhara (VB), Miss Kirti (VA), Master Nihal (VA), Miss Kanchi (VIA), Miss Kanushi (VA) from Ullas House.

Second position - Miss Juhi (VIB), Miss Reva (VB), Miss Dhyani (VA), Miss Evelyn(VIB), Miss Svetlana(VA), Miss Aara(VA), Miss Nishta(VB) from Utkarsh House.

Third position- Master Aahan (VA), Miss Sanvi (VA), Master Vedant (VA), Master Nehal (VIA), Miss Rutvi (VIB) from Utkarsh House.



NATIONAL MILK DAY



National Milk Day to mark the 97th birth anniversary of the Father of India's White Revolution, Dr. Verghese Kurien was celebrated at NDDB. In the run-up to the National Milk Day on November 26, 2018, a group of about 40 youngsters embarked on a motorbike journey covering over 2500+ kms. from Jammu to Gujarat. They reached NDDB campus on Dr. Kurien's birthday where they were given a grand reception on the Central Lawn, NDDB Campus.



This was followed by a celebration in the T K Patel Auditorium. Schools which had participated and won in the Dr. V. Kurien Memorial Inter-School Competitions 2018 held in August 2018, were felicitated in different categories like group dance competition, group singing, drawing and painting competition (Junior/Senior). The programme had a skit presented by Anandalaya students.

IAPT EXAM

National Standard Examination (NSE) was conducted by Indian Association of Physics Teachers (IAPT) on 18th November 2018 for Juniors and on 25th November 2018 for Seniors. NSE was a screening test to qualify for Indian National Olympiad (INO). Sixty six students from classes X to XII enrolled in NSE Physics, Chemistry, Biology and Astronomy and 12 students from classes VIII and IX enrolled in NSE Junior Science.

The following students were selected for Second level in Chemistry and Biology subjects.

Master Tattvam A Nair (XII B)	- NSEC and NSEB
Master Dhruv Shah (XII B)	- NSEC and NSEB
Miss. R Madhusri (XII B)	- NSEC and NSEB
Master Aarjav Shah (XII B)	- NSEB
Miss Dhvani Trivedi (XII B)	- NSEB
Master Meet Ramoliya (XII B)	- NSEB
Master Raj Mehta (XII B)	- NSEB
Master Riju Dutta (XII A)	- NSEC
Master Rishi Srimal (XII A)	- NSEC

Vidyarthi Vigyan Manthan Examination 2018-19

Vidyarthi Vigyan Manthan, the national level online science talent search examination, was organised on 28th November 2018 for students of classes VI to XI. Thirty students appeared for this exam held in the school computer lab from 10 am to 12 noon.

Special Assembly by Performing Arts Students

For the month of December, students who had opted for dance, music and tabla, presented their grand finale performances in the morning assembly. Students of classes I to X presented special programmes based on their training by teachers of dance, music and tabla.

LEAAD 2018-19



Fourteen students of classes VIII and XI participated in the annual "LEAAD - Leadership Enrichment for Adolescents through Assessment & Development" competition 2018 from August to December 2018. This programme seeks to enable the adolescents for development of their leadership skills. The programme

mainly consists of online psychometric testing, development labs or workshops, action projects, leadership camps and jury presentations. Six finalists from Anandalaya went for Final Jury Presentation held at Vadadora. Miss Devanshi Namboothari, Miss Ruhi Sisodiya, Miss Tanishka Bhatt from class VIII A, Miss Himani Thattil and Miss Sakshi Sharma from class VIII B and Master Aditya M Patel from class XI were finalists, the maximum this year from any school. Miss Devanshi Namboothari of class VIII A was given Best Competence Award along with certificate and a cash prize of Rs 5000.

SS TEACHERS' WORKSHOP ON TEACHING

A workshop on Social Science teaching titled 'Teaching Social Science at Primary, Middle and Secondary Level' was organised by Swaminarayan Vidyapeeth on 1st December 2018. Smt. Varsha Thakkar was the resource person of this workshop. The objectives of this workshop were to develop the strategies to enhance Social Science learning, making teaching of Social Science interesting, and creating a positive learning environment in the classroom. The workshop on Social science gave the teachers exposure to various methodologies, activities, interactions through interactive activities to enrich learning and teaching methodologies effectively. Activities like exchanging ideas and thoughts through self introduction, creative map pointing session on a world map laid out on the floor, role play, skits, quiz or chart display were some of the techniques used in the workshop.

ENGLISH TEACHERS' WORKSHOP - SELP

Simultaneously a workshop on Strategies to Enhance English Language Proficiency (SELP) for English teachers was also held. Five teachers from English Department attended the day-long workshop conducted by ELT expert Dr. Sulbha Natraj. Madam Natraj focussed on constructivism - an educational theory which holds that teachers should take into account what students know - and demonstrated grammar and vocabulary tasks for various skills. In addition, Dr. Natraj also discussed accommodating vernacular languages and other subjects in teaching English language.

Gyan Sarovar Sahodaya Athletic Meet 18-19



Gyan Sarovar Sahodaya Athletic Meet 2018-19 was organised by Baselios Public School, Vadodara on 1st December 2018. A total of twenty three schools participated. Twenty-five athletes from Anandalaya had taken part in all athletic events. The results of the meet are as follows:

Miss Falak of class V got Gold in 400 m Class V&VI girls secured 2nd position with silver medals. Class-VII&VIII boys bagged 1st position with Gold medals in 4x100 m relay. Class-VII&VIII girls achieved 3rd position with bronze medal in 4x100 m relay Master Dhariya Shah of class VIII achieved silver medal in 100m race.

INTERDISCIPLINARY PROJECT

Birds – Our Feathered Friends



The Inter-disciplinary project for class IV was organised on 6th December 2018. The theme of this project was 'Birds- Our Feathered Friends'. This activity aimed to integrate the subjects and learning arising thereof. It gave students an opportunity to improve their presentation skills and confidence. All subjects focussed on the topic through Poem Recitation and Riddles on Birds in languages, "Tessellation and Area" for Mathematics, "How birds fly" in Science Migratory Birds of Gujarat in Social Science, "Endangered Birds" And "Extinct Birds, Dance and Song on birds in Gujarati for Dance and Music and Making flying bird through paper folding for Craft.



The classes were divided into seven groups, each group representing a subject, with twelve children (six from IVA and six from IVB). Each group explained the topic of their subject in great detail. They could answer most of the questions put forth to them by teachers, students and visitors.

GREEN BRIGADE

No Hunger Campaign & Plastic Free Zone



Members of Green Brigade-two teachers and five students -went for the distribution of food packets as a part of 'No Hunger Campaign' on 8th December 2018. Children participated in the programme enthusiastically. They expressed their concern about children wandering aimlessly, doing petty jobs near the construction site.



Teachers and students of Green Brigade on 8th December 2018 distributed 100 paper bags of various sizes made by our Green Brigadiers and other volunteers in AMUL Parlour, IRMA, Mira hospital and Ma Clinic.

Picture Perfect with Waste Competition



Group Ullas organised an open Picture Perfect with Waste Competition for classes I and II on 8th December 2018, as part of group activity. Children made different varieties of useful objects using materials that were discarded as waste in their homes. Children enjoyed making objects like display items, pen stand, utility box for cupboard, bangle stand etc.

ABHIVYAKTI COMPETITION 2018-

Tabla, Dance, Vocal, Art & Craft



Abhivyakti Art Competition was organised by D.N. High School, Anand on 12th and 14th December 2018 for students of classes I to XI. Ms. Anmol Kataria (IX B) secured the 2nd position for her classical Kathak performance. Master Yash secured the first position in 'Tal vadya' section.

IMO

International Mathematics Olympiad (IMO) was conducted on 13th December 2018. 291 students from classes III to XII appeared for the same.

BASELIOS DEBATE COMPETITION 2018-19

The 35th Baselios Inter-School Debate Competition 2018-19 was organised by Baselios Public School, Baroda on 15 th December 2018. Ms. Urja Yadav(VA), Ms. Ruja Vadher(VIA), Master Saahil Dholakia(IXA) and Master Aaryan Magnani(XA) participated in the junior and senior categories. They debated on the topics 'Is statue of unity a pride or a wastage of public money?' and 'Is simultaneous election to Lok Sabha and state legislature pragmatic in India?'. Master Saahil Dholakia and Master Aaryan Magnani secured first and second positions respectively in the senior category and the school won the Baselios Rolling Trophy 2018-19, beating 15 other schools from in and around Vadodara.

Workshop on “Effective Teaching of Mathematics at Primary Level” SALAD MAKING COMPETITION

A workshop was organized by Oxford University Press at ATIRA, AMA, Ahmedabad on 18th December 2018. The resource person Ms. Aashalata Badami discussed that every Mathematics teacher should have Mathematics goals to achieve and build them through teaching. These in turn help build confident Mathematics skills, concentration, thinking, reasoning & logical skills, increase interest in the subject through enjoyment & fun. Teachers were made to play few Mathematical games to be used in the classroom to build thinking, logical and decision making skills.

SPECIAL ASSEMBLY- CHRISTMAS

Christmas was celebrated in the assembly on 24th December 2018 complete with carols, the story of Jesus Christ’s birth, Santa Claus, making each and everyone revel in the festive spirit. Students of classes IV- VIII prepared the programme. The Principal, Mr Nishesh Kumar Sinha motivated the students with his speech on Ten Commandments and the true spirit of Christmas.

FIRE FREE COOKING COMPETITION



A Fire Free Cooking group competition was organised by Utkarsh House on 15th December 2018. The objective of this event emphasize on the importance of nutrition everyone. Students of classes IX and X made creative ‘Fire Free’ healthy recipes. The results is as follows:

1st Position -1) Ullas House; Stuffed Cucumato made by Miss Aagnya, Miss Yashvi, Miss Vaishvi and Miss Rutvi. 2) Umang House; ‘Continental Basket’ made by Miss Dhruvi Patel, Miss Achint Baggal, Master Sarthak Patel, Miss Tanvi Gang & Master Mit Patel. **2nd position** - 1) Utkarsh House; ‘Zukini Rolls’ made by Miss Ishani Sukadia, Master Neev Patel, Master Neel Patel, Master Kavish Gor and Miss Vidhi Nanvani. 2) Umang House presented a dish Basket Chat made by Miss Pooja, Miss Drishti, Miss Hetvi, Miss Hiral and Miss Gresee. **3rd Position**- 1)Utkarsh House; made a dish Farmers’ Brunch made by Master Sahil, Miss Khushi, Miss Shikha, Miss Isha, Master Neel Amin and Master Romin. 2) Harsh House; prepared Nutella Fun made by Miss Srushti Patel, Miss Shreena Shah, Miss Bhumi Solanki, Master Dev Mistry and Master Yash Rathod.



To inculcate the habit of healthy eating among students and to emphasize the importance of including salad in our regular diet for maintaining good health and keeping diseases at bay, a Salad Making competition was organized by Harsh House for classes III to VI on 15th December, 2018. Students prepared Peacock Salad, Vegetable Salad and Russian Salad using commonly available ingredients. The focus was not only the preparation of salads but also upon their artistic presentation. Result as follows:

Pos.	House	Category I	House	Category II
1 st	Utkarsh	Shaayal, Hridhaan, Vaishanvi, Devarsh, Anaya	Utkarsh	Aahan, Yash, Vedant, Nehal
2 nd	Ullas	Rachit, Ved, Om, Ashish Aryan Patel	Ullas	Devarsh, Rehan, Aarush, Arvind, Shashwat, Yug, Akshat
3 rd	Harsh	Anvi, Parth, Avi, Shreya, Netra and Khushi Y.	Harsh	Aditi, Vishwa, Dev, Reyansh, Prakhar, Mahek
			Ullas	Viraj, Dhruv, Nihal, Het, Mahir
4 th	Utkarsh	Smayan, Smaran, Dev, Rehan and Rudra	Umang	Carol, Jannat, Rushad, Aryan, Keya

HEAD GEAR COMPETITION

An exciting Inter House Activity - Head Gear Designing Competition (Best Out Of Waste) was organized by Umang House on 16th December 2018 for students of classes VII and VIII. This was a group open activity in which every house had to participate with a team of four to five members from each level. The objective of this competition was to sensitize students about the utility of waste materials to turn them into useful things, develop aesthetic skill in students.

The result is as follows:

1st position- Rhuhi, Tanishka, Prachi, Priyanshi and Maitry (VIII A & B) from Utkarsh House.

2nd position - Diya, Vruddhi, Chitra, Sneha and Nitya (VIII A&B) from Umang House.

3rd position - Tulsi, Bhakti, Reni, Kareena and Himani (VIII A&B) from Harsh House; Vrittant, Maharshee, Sai Saumya, Ayush and Prashil (VIII A&B) from Utkarsh House.

ARIBAS 'SCIENTIFIQ' 2018



Charutar Vidya Mandal's ARIBAS in association with Community Science Centre organized four competitions for senior secondary and college level students on 18th December 2018. For the Science Quiz, Miss Surabhi Jha and Master Shine Priyan bagged the first place. The team comprising of Miss Yashasvi Gupte, Miss Riya Nandu and Miss Heli Makadia bagged the second position in Poster Presentation. Overall ten students participated in various events. The winners were felicitated with trophies and certificates.

CBSE HERITAGE QUIZ 2018-19



Three students Master Saahil S Dholakia (IX A), Master Manav Gabra (IX B) and Master Rudra Shah (IXB) participated in the online Heritage Quiz 2018-19 organised by CBSE on 19th December 2018. The objectives of the Heritage Quiz were to enrich the awareness of Social Science subjects, and to teach them to value our Heritage. Students were trained during Mid-term break and thereafter by teachers of Social Science department.

COMBINED ANNUAL TRAINING CAMP CATC-IV- NCC



NCC CATC-IV was conducted by 4 GUJ Girls BN at Thamna on 17 Dec to 26 Dec 2018. From Anandalaya, Girls cadets (25) and boys cadets (13) attended the camp. During the camp different activities and competition were conducted.



1. Nitya Nair received the trophy for Parade Commander.
2. Anshita Shah achieved gold medal for piloting.
3. Anushka Gupta achieved gold medal in poster making competition.
4. Anmol Kataria bagged gold medal in solo dance competition.
5. Girls cadets received second position in group dance competition.
6. Gargi and Greece received best anchoring with gold medal.

पश्चिमांचल हिंदी प्रचार समिति द्वारा

प्रश्न मंच : 'अंतर्विद्यालय प्रतियोगिता'



30 नवंबर 2018 को आनंदालय परिसर में पश्चिमांचल हिन्दी प्रचार समिति के सौजन्य से अंतर्विद्यालय प्रतियोगिता प्रश्नमंच का आयोजन किया गया। जिसमें साहित्य राजनीति खेलकूद पौराणिक पात्रों के साथ-साथ फिल्म जगत जैसे विषयों को शामिल किया गया। इस प्रतियोगिता में आणंद विद्यानगर के अतिरिक्त वडोदरा के विद्यालयों के विद्यार्थियों ने भी भाग लिया। प्रतियोगिता का संचालन पश्चिमांचल हिन्दी प्रचार समिति के अध्यक्ष डॉ माणिक मृगेश जी द्वारा किया गया। प्रतियोगिता का मुख्य उद्देश्य विद्यार्थियों के सामान्य ज्ञान को प्रबल करना था। उत्कृष्ट प्रदर्शन करने वाले विद्यार्थियों को पुरस्कार एवं प्रमाण पत्रों से सम्मानित किया गया। इसी उपलक्ष्य में विद्यालय के प्रधानाचार्य जी श्री निशेश सिन्हा ने सभा को संबोधित करते हुए कहा कि आज के प्रगतिशील एवं प्रतिस्पर्धा के युग में विद्यार्थियों को चुनौतीपूर्ण वातावरण के लिए तैयार करना हर एक विद्यालय एवं शिक्षक का परम कर्तव्य होना चाहिए ताकि प्रत्येक विद्यार्थी सफलता की सोपान सीढ़ी को प्राप्त कर सके। जिसमें लेखक डॉ माणिक मृगेश जी श्रीमती श्यामा सिंह जी और डॉ रानू मुखर्जी जी ने अतिथियों की भूमिका को निभाते हुए शिक्षकों और विद्यार्थियों को भाषा की क्लिष्टता से बाहर निकालकर सरल एवं शुद्ध भाषा सिखाने पर जोर दिया।